

# Einstein/Montefiore Orthopaedic Alumni Newsletter

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MONTEFIORE



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## Welcome Back: "The Voice from the Trenches"

We at Montefiore would like to welcome the alumnus back to our world of Orthopedic Training at the Albert Einstein College of Medicine/Montefiore Medical Center, where your orthopaedic lives began. In spite of continuing changes in physical plant and in techniques, our experiences going through residency training are probably more similar than they are different from yours. We would like to take the opportunity to thank you for your ongoing support of our special projects, keeping our on call rooms current with computers, maintaining all of our work areas supplied with current text books and supplying funding for review courses and examinations.

Through this newsletter, we hope to keep you updated of all the latest events and happenings at our program, including current "local gossip," new projects planned or taking place, publications by alumni, attending staff and residents, notable alumni accomplishments, and other announcements of interest.

Two important and exciting events this past year include the opening of a new basic science research laboratory dedicated solely to orthopaedic research and the opening of the anatomy lab for resident dissection.

Another function of the newsletter will be to announce fellowships being taken by the graduating class, and provide a section for alumni who are seeking associates in their practices or other appropriate opportunities in their communities.

We look forward to meeting you at upcoming alumni events in the future. Any alumni seeking to make announcements can do so through this newsletter, by contacting Tanya

## The View From The President's Perch

### Letter from the Alumni President

Forty nine years and three hundred twenty six alumni and counting...The time is ripe to start the publication of a periodic alumni newsletter to let all of us know what is happening at "home" and for all of us to make our "home," an ever stronger and vital center of excellence in orthopaedic training and care. From New Hampshire to California (and 24 states in between) and across the world, in Canada, Great Britain, Ireland, South Africa, Israel, Pakistan and Thailand, we are represented with distinction.

Browsing through the pages of the recent 2002-03 edition of the alumni directory has triggered many poignant memories of friends, colleagues, and experiences; some very distant and others more recent, but all evoking feelings of nostalgia, pride, accomplishment and an appreciation of the scope and reach of our Einstein-Montefiore Alumni Club.

It is through the impetus of some of our graduating and senior residents that this project was initiated, and ultimately bringing to fruition this first edition of the alumni newsletter. The intent of this publication is to be informative, interesting, entertaining, and most of all participatory, a sharing of information of common alumni interests, including social, academic, and economic matters.

I hope you will enjoy this as much in the reading as we did in the writing; that you will be stimulated to add your comments to its content, and that you will develop an irresistible urge to respond and contribute, making this letter a truly interactive, interesting, exchange of creative thoughts and ideas enjoyed and appreciated by all. We certainly look forward to your responses and comments after receiving this first edition, and hope to see many of you at The Selznick Alumni Memorial day on June 16<sup>th</sup> and at future alumni meetings.

With sincere wishes and kind and warmest personal regards,

David M. Hirsh, M.D.

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## The Chairman's Corner

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### Letter from the Chairman

It is my pleasure to speak to many old friends through this, the first Einstein/Montefiore Orthopaedic Surgery Alumni Newsletter. The Department has seen significant changes in the last few years. In August of 2000 I was asked to become the Acting Chairman and in March of 2002 I accepted the position of permanent Chairman of the Department at Montefiore Medical Center. I have been fortunate enough to have Marty Levy giving me invaluable aid as the Residency Director. With the help of Marty and an outstanding faculty we have been able to build on the strong foundations that Ed Haberman left to us.

We have a total of 30 residents and each and every one is outstanding. The young people entering orthopaedic surgery today are the absolute cream of the crop leaving medical school. The Department has responsibility over all five years of their training now, this includes their internship year. While we have had work rule regulations for over ten years in New York the past few years have seen an increase in oversight by the state and now buy the ACGME, the organization that certifies residencies. We struggle each and every day to find the balance between the demands on resident's time and the

need for them to obtain the necessary experience, all in under 80 hours. It is an extremely difficult task and one for which Marty deserves credit for the success we have had to date. We are continually reexamining and restructuring their schedules to find the right balance. At this point in time we do have a night float system for first call at Montefiore and Jacobi. These PGY-2 residents work 6 pm to 6 am Monday through Thursday. They also work for 24 hours on Sunday. Each of them will spend four months in total on night float.

The Department has grown a good bit larger. As of this summer we will have 14 fulltime orthopaedic surgeons covering all subspecialties at the Moses and Weiler campuses. Additionally we have one pathologist, one rheumatologist, three podiatrists, one nurse practitioner and one physician's assistant in the outpatient department as well as six inpatient physician's assistants. We are also the Department of Orthopaedic Surgery for Bronx Lebanon with two orthopaedic surgeons there full time and much of the rest of the faculty seeing some patients there. Jacobi has four full time attendings and three more PA's. We have over 75,000 outpatient visits each year at Moses/Weiler alone. We are fortunate to have two very new office suites that enable us to keep up with the volume.

While we manage to attend to the everyday tasks of treating patients and teaching residents all of us still find time to undertake some research. The most exciting element of this no doubt is the opening of our new lab. The lab was started by Dr. John Hardin, our rheumatologist who is a past Chairman of Medicine at Einstein and Montefiore. John's interest is primarily in the immune system and its role in Lupus. An emerging body of knowledge is slowly revealing an extensive relationship between bone metabolism and the immune system. Nowhere is this relationship more direct than in osteolysis, aseptic loosening of prostheses, and reaction to wear generated debris. With John's help we are embarking on an exploration of these areas in our **"Immunoosteology Laboratory"**. Our residents will have the opportunity to spend at least four months in the lab full time if they wish and if I can raise the necessary money to keep it going (don't worry there will be no pitch for donations yet).

Well I think that is enough for this issue. We hope that all the efforts of David Hirsh and now

Jason Nielson will help us to stay in touch. Please try and get to our annual Selznick Resident's Presentation day as this is now open to all and please try to say hello to old friends at our next cocktail party at the academy.

Neil Cobelli, M.D.

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## Welcome New PGY-1s

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We are all excited about our six new prospects who will be starting their orthopaedic residency in July 2004. They're a diverse, intelligent and hard-working group and we're expecting a lot from them. **Jason Chertoff**, who knew of his dream of becoming an orthopaedic surgeon very early on, completed the Tufts University early decision combined BA/MD program and was elected Phi Beta Kappa. **Laury Haskamp** had a much different path. One of two incoming female residents, Laury, after nine years of being a vice-president of Morgan Stanley's Risk Management Dept, decided to make a career change and now will be able to fulfill her new goal of becoming an orthopaedic surgeon. **Stephen Kim**, a graduate of Williams College and an Einstein medical school Alumnus, worked with Jeffery Katz, MD at Brigham and Women's Hospital in his study of the effectiveness of clinical pathways in total knee and hip arthroplasty. **John Pope**, our transplant from the Midwest, will be bringing his hands and wood carving experience from Indiana University Medical School. **Ari Seidenstein**, arriving from UMDNJ Robert Wood, is a dedicated world traveler with destinations including Spain and Budapest. And, last, but definitely not least, **Shima Sokol**, our second of two female incoming residents and a graduate of Princeton University, excelled as a club water polo player while simultaneously attending medical school at UC Davis. We're all looking forward to working with this bunch and are ready to mold them into great Orthopaedic Surgeons.

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## Recent Publications of Faculty and Residents

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The Following is a brief summary of recent research projects, conducted by residents and faculty:

Steven Beldner, Charles P. Melone, Dan A. Zlotolow, Ann Marie Agnes, Morgan Jones. *The Lateral Antebrachial Cutaneous Nerve: an anatomic and clinical study with surgical relevance*. Poster presentation, American Society for Surgery of the Hand Meeting, September 2003, Chicago, Illinois.

Nielson JH, Sallis JG, Potter HG, Helfet DL, Lorich DG. *Syndesmotic Instability on Operative Ankle Fractures: An old Problem Evaluated with Modern Magnetic Resonance Imaging*. Poster presentation, American Academy of Orthopaedic Surgeons 2003 Annual Meeting. New Orleans, Louisiana, February 2003.

Nielson JH, Peterson MGE, Sallis JG, Ramos AM, Potter HG, Helfet DL, Lorich DG. *Do Radiographic Measurements Effectively Predict Potential Instability in Ankle Fractures? A Correlation to Magnetic Resonance Imaging*. Poster presentation, the Orthopaedic Trauma Association, Toronto, Canada, October 2002.

Lorich DG, Geller DS, Nielson JH. *Osteoporotic Pertrochanteric Hip Fractures. Management and Current Controversies*. Instructional Course Lectures Vol. 53, 2004.

Nielson JH, Sallis JG, Potter HG, Helfet DL, Lorich DG. *Correlation of Interosseous Membrane Tears to the Level of Fibular Fracture*. *J Orthopaedic Trauma* 2004;18(2):68-74.

Nelson F, Brighton CT, Ryaby J, Simon B, Nielson JH, Lorich DG, Bolander M, Seelig J. *Use of Physical Forces in Bone Healing*. *JAAOS* 2003;11(5):344-354.

Kenneth A. Egol, MD, Ali Sheikhzadeh, PhD, Sam Moghtaderi, MD, Andrew Barnett, MS and Kenneth J. Koval, MD  
Lower-Extremity Function for Driving an Automobile After Operative Treatment of Ankle Fracture. *JBJS* 85:1185-1189, 2003

Dean G. Lorch, MD; David S. Geller, MD; Shahan V. Yacoubian, MD; Andrew J. Leo, BA; David L. Helfet, MD. Intramedullary fixation of Humeral Shaft Fractures using an Inflatable Nail. *Orthopedics* 01-OCT-2003; 26(10): 1011-4

Michael J. Gardner, MD, Shahan Yacoubian, MD, David Geller, MD, Michael Suk, MD, JD, MPH, Douglas Mintz, MD, Hollis Potter, MD, David L. Helfet, MD, Dean G. Lorch, MD. The Incidence of Soft Tissue Injury in Tibial Plateau Fractures. Accepted for publication in *J Orthopaedic Trauma*.

Milan Patel MD: *Diabetic Ankle Fractures: Factors Related to Outcome.*

Shahan V. Yacoubian MD: *The Incidence of Soft Tissue Injury in Tibial Plateau Fractures.*

Jay Borick MD: *Antegrade Humeral Nailing via the Rotator Interval.*

Eric Manoff MD: *The Relationship between Body Mass Index and Slipped Capital Femoral Epiphysis.*

Michael Hossack MD: *Effects of Overnight Call, and Implications on Work-Hour Regulations.*

**All alumni are welcome!**

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## Selznick Alumni Memorial Day Presentations

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The Annual Selznick Alumni Memorial Day Presentations will be on **June 16, 2004.**

Location: **Cherkasky Auditorium Montefiore Medical Center.**

Time: 8:00 am

**Guest Lecturer:** Former Alumnist Mark Hartzband MD

### **Resident Presentations:**

David Geller MD: *Intramedullary Fixation With The Use of an Inflatable Nail.*

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## Notable Recent Alumni Accomplishments

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### **Featuring the Class of 2002:**

**Kevin Raskin MD:** After completing a Musculoskeletal Oncology Fellowship at the Mass. General Hospital, Kevin is now a full time faculty member on the Musculoskeletal Oncology service at the MGH.

**Michael Suk MD, JD, MPH:** After completing his Orthopaedic Trauma Fellowship at the Hospital for Special Surgery, Michael was selected to the prestigious post of White House Fellow.

**Laurie Hirsh MD:** After completing her Hand Fellowship at the University of Pennsylvania, Laurie is pursuing a career in academic Orthopaedics and is now a full time faculty member at the Albert Einstein Residency Program in Philadelphia.